



**MONTHLY  
SAFETY  
BRIEF**  
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NAF Atsugi



**Personal Protective Equipment (PPE)**

is designed to protect you from health and safety hazards that cannot be practically removed from your work environment. PPE is designed to protect many parts of your body including eyes, ears, head, hands and feet.

**Eyes:** Safety glasses and face shields are basic forms of eye protection. Always use the correct eye and face protection when working with molten metals, liquid chemicals, hazardous gases, injurious radiant energy or flying particles.

**Hearing:** You need to protect your ears when sound levels reach 84 dbA and higher during an 8-hour period. At 104 dbA and higher you must wear double hearing protection. Types of hearing protection include earplugs, earmuffs, and hearing attenuators.

**Head:** Headgear is required if you work where there is risk of injury from falling objects, or if you work near exposed electrical conductors that may contact the head.

**Hands:** You must wear hand protection when severe cuts or lacerations, abrasions, punctures, chemical burns, thermal burns, and harmful temperature extremes are possible.



**Foot:** Rubber or synthetic footwear may be needed when working around caustic chemicals. Wear personal foot protection that is best while performing the job and helps keep you free from potential injury (do not wear beach-type footwear on the job). Use common sense to protect yourself and others.